

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



BREAKFAST ⁴
Breakfast pizza, fruit, juice, milk
LUNCH
Frito pie or beef/bean burrito, corn, pinto beans, lettuce & tomato, fruit, milk

BREAKFAST ⁵
Pancakes, sausage, fruit, juice, milk
LUNCH
Grilled cheese or sub, fries, lettuce, tomato, pickles, fruit, veggie dippers, milk

BREAKFAST ⁶
Sausage & biscuit, fruit, juice, milk
LUNCH
Chicken Alfredo or Ravioli, carrots, broccoli, garlic toast, fruit, milk

BREAKFAST ⁷
Breakfast taco, fruit, juice, milk
LUNCH
Fish sticks or chicken sticks, Mac & cheese, carrots, green beans, cornbread, fruit, milk

BREAKFAST ¹
Pancake stick, fruit, juice, milk
LUNCH
Hamburger or sub, lettuce, tomato, pickles, tots, fruit, milk

BREAKFAST ¹¹
Muffin top, fruit, juice, milk
LUNCH
Beef or chicken nachos, corn, pinto beans, lettuce & tomato, fruit, milk

BREAKFAST ¹²
Sausage roll, fruit, juice, milk
LUNCH
Chili dog or sausage wrap, potato wedges, baked beans, veggie dippers, fruit, milk

BREAKFAST ¹³
Pancakes, sausage, fruit, juice, milk
LUNCH
Pizza slice or Hot Pocket, Romaine salad, carrots, cucumber slices, fruit, milk

BREAKFAST ¹⁴
Sausage & biscuit, fruit, juice, milk
LUNCH
Chicken nuggets or steakfingers, potatoes, green beans, roll, gravy, fruit, milk

BREAKFAST ⁸
Cinnamon toast, smokies, fruit, juice, milk
LUNCH
Sub sandwich, chips, lettuce, tomato, pickles, fruit, milk

BREAKFAST ¹⁵
Breakfast taco, fruit, juice, milk
LUNCH
Hamburger or sub, fries, lettuce, tomato, pickles, fruit, milk

National School Lunch Week

BREAKFAST ¹⁸
Breakfast pizza, fruit, juice, milk
LUNCH
Beef or chicken soft taco, corn, pinto beans, lettuce & tomato, fruit, milk

BREAKFAST ¹⁹
Muffin top, fruit, juice, milk
LUNCH
Corny dog or rib sandwich, fries, baked beans, veggie dippers, fruit, milk

BREAKFAST ²⁰
Sausage roll, fruit, juice, milk
LUNCH
Spaghetti/meat sauce or Ravioli, carrots, broccoli, garlic toast, fruit, milk

BREAKFAST ²¹
Pancake stick, fruit, juice, milk
LUNCH
Salisbury or oven fried steak, potatoes, blackeye peas, roll, fruit, milk

BREAKFAST ²²
Cinnamon toast, smokies, fruit, juice, milk
LUNCH
Chicken on a bun or sub, lettuce, tomato, pickles, tots, fruit, milk

LUNCH ²⁵
Sausage & biscuit, fruit, juice, milk
LUNCH
Grilled cheese or sub, fries, lettuce, tomato, pickles, veggie dippers, fruit, milk

BREAKFAST ²⁶
Breakfast taco, fruit, juice, milk
LUNCH
Frito pie or beef/bean burrito, corn, pinto beans, lettuce & tomato, fruit, milk

BREAKFAST ²⁷
Pancakes, sausage, fruit, juice, milk
LUNCH
Pizza, Romaine salad, carrots, cucumbers, fruit, milk

BREAKFAST ²⁸
Sausage roll, fruit, juice, milk
LUNCH
Baked or oven fried chicken, potatoes, green beans, roll, gravy, fruit, milk

BREAKFAST ²⁹
Breakfast pizza, fruit, juice, milk
LUNCH
Hamburger or sub, lettuce, tomato, pickles, tots, fruit, milk

Oct

FEED YOUR CREATIVITY



Announcements:

Menu is subject to change without notice due to availability of product.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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