



MARCH

2021

BREMOND ISD Pre-K thru 12



BREAKFAST
Breakfast pizza, fruit, juice, milk
LUNCH
Beef or chicken nachos, corn, pinto beans, lettuce & tomato, fruit, milk

BREAKFAST
Sausage roll, fruit, juice, milk
LUNCH
Chicken on a bun, tater tots, lettuce, tomato, pickles, fruit, milk

SPRING BREAK

BREAKFAST
Cinnamon toast, smokies, fruit, juice, milk
LUNCH
Chicken Alfredo, carrots, broccoli, garlic toast, fruit, milk

BAD WEATHER DAY

BREAKFAST
Pancakes & sausage, fruit, juice, milk
LUNCH
Chili dog or sausage wrap, potato wedges, baked beans, cucumber slices, fruit, milk

BREAKFAST
Cinnamon roll, fruit, juice, milk
LUNCH
Soft beef or chicken taco, corn, pinto beans, lettuce & tomato, fruit, milk

SPRING BREAK

BREAKFAST
Sausage & biscuit, fruit, juice, milk
LUNCH
Beef burrito or Frito pie, pinto beans, corn, lettuce & tomato, fruit, milk

BREAKFAST
Breakfast pizza, fruit, juice, milk
LUNCH
Chili dog or sausage wrap, potato wedges, baked beans, fruit, cucumber slices, milk

BREAKFAST
Donut, fruit, juice, milk
LUNCH
Hamburger or sub, tots, lettuce, tomato, pickles, fruit, milk

BREAKFAST
Sausage & biscuit, fruit, juice, milk
LUNCH
Pizza or Hot Pocket, Romaine salad, carrots, fruit, milk

SPRING BREAK

BREAKFAST
Breakfast taco, fruit, juice, milk
LUNCH
Hamburger or sub, fries, lettuce, tomato, pickles, fruit, milk

BREAKFAST
Donut, fruit, juice, milk
LUNCH
Sphaghetti/meat sauce, corn, broccoli, garlic toast, fruit, milk

BREAKFAST
Cinnamon toast, smokies, fruit, juice, milk
LUNCH
Chicken nuggets or steakfingers, potatoes, green beans, roll, gravy, fruit, milk

BREAKFAST
Muffin top, fruit, juice, milk
LUNCH
Corn dog or barbecue on bun, fries, baked beans, fruit, milk

SPRING BREAK

BREAKFAST
Cinnamon roll, fruit, juice, milk
LUNCH
Salisbury or oven fried steak, potatoes, blackeye peas, roll, gravy, fruit, milk

BREAKFAST
Scrambled eggs, biscuit, fruit, juice, milk
LUNCH
Grilled cheese or sub, soup, fries, lettuce, tomato, pickles, fruit, milk

BREAKFAST
Scrambled eggs, biscuit, fruit, juice, milk
LUNCH
Fish sticks or chicken sticks, Mac & cheese, green beans, cornbread, veggies, dippers, fruit, milk

SPRING BREAK

BAD WEATHER DAY

Special Announcements:
Menu is subject to change without notice.

- School Breakfast Week Mar. 8-12



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
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ECLIPSE EGGS



An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14 5 7 7 19 20 5 12 12

10 15 11 5 19 , 1 18 5 20 8 5 25

3 1 12 12 5 4 25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



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