# 2021

## **BREMOND ISD Pre-K-12**



#### **BREAKFAST**

Breakfast pizza, fruit, juice, milk LUNCH

Chili dog or sausage wrap, fries, baked beans, cucumber slices, 2 fruit. milk

#### **BREAKFAST**

Pop tart, cereal, fruit, juice, milk LUNCH

Beef bean burrito or Frito pie, corn, pinto beans, lettuce & 1 tomato, fruit, milk

#### **BREAKFAST**

Pancakes, sausage, fruit, juice, milk LUNCH

Soft beef or chicken taco, corn, pinto beans, lettuce & tomato, fruit, milk

#### **BREAKFAST**

Scrambled eggs, biscuit, fruit, juice, milk

LUNCH

Corn dog or Sloppy Jo, fries, bak beans, cucumber slices, fruit

#### **BREAKFAST**

Sausage & biscuit, fruit, juice, milk LUNCH

Chicken Alfredo or Ravioli, carrots, broccoli, garlic toast, fruit, milk 5

#### **BREAKFAST**

Cinnamon roll, fruit, juice, milk LUNCH

Pizza or Hot Pocket, Romaine salad, carrot dippers, fruit, milk?

#### **BREAKFAST**

Breakfast taco, fruit, juice, milk LUNCH

Baked or oven fried chicken breast, mashed potatoes, green 6. beans, gravy, roll, fruit

**BREAKFAST** 

Sausage & biscuit, fruit, juice, milk

LUNCH

Chicken nuggets or steakfingers,

fruit. milk

potatoes, green beans, roll, grav

**BREAKFAST** Sausage roll, fruit, juice, milk LUNCH

Hamburger, lettuce, tomato, pickles, tater tots, fruit, milk 7

#### **BREAKFAST**

Breakfast pizza, fruit, juice, milk LUNCH

Steak on a bun, fries, lettuce, tomato, pickles, fruit milk 14

## MANAGER'S CHOICE

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MANAGER'S CHOICE

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MANAGER'S CHOICE

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MANAGER'S CHOICE

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MANAGER'S CHOICE

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# Special Announcements:

The May menu will be subject to change as we will be using up inventory. What we begin the line with may be gone before the end of the line. We will stay as close as we can to the menu.





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# BERRY BLAST OFF

The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.









# DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.





This product was funded by USDA. This institution is an equal opportunity provider.





