

## BREMOND TIGER MEN'S ATHLETIC POLICIES

Participation in Interscholastic League events is a privilege, not a vested right. The authority to remove or deny a student's participation in a sport or event rests with the coach, sponsor and athletic director.

**Athletic Creed:** We will represent our parents, coaches and school with class, pride and discipline. We will strive to be a positive example to our teammates and gain the respect and admiration of our opponents in competition.

It is important that athletes and parents understand belonging to an athletic program is not only a great privilege it is also an obligation. This commitment requires all parties involved to rely on each other to make a cohesive TEAM. This commitment also requires sacrifice from an easier way of life. It requires that we choose "We" over "Me". In this day and age, this choice is not easy, nor is it considered "cool". Because of the choices, commitment and time necessary, this way of life is not for everybody.

We feel discipline is a required facet of any successful athletic program. Unless discipline is maintained, respect of the athletes, coaches and school are lost. Our athletes are representatives of our school and any behavior, which would cause others to lose respect for Bremond ISD, will not be allowed. These policies apply to athletes at school or away from school, in season or out. Board policy (FO) states, "Extracurricular standards of behavior may take into consideration conduct that occurs anytime, on or off school property."

### *Discipline*

Discipline will be handled at the discretion of the coaches. In accordance with Bremond ISD guidelines, discipline will be administered when necessary to protect students, school employees, or property and maintain essential order and discipline. Students will be treated fairly and equitably. Discipline shall be based on a careful assessment of the circumstances of each case." Disciplinary action will draw on the expertise of coaches and administrators and on a range of discipline management techniques. Disciplinary action will be correlated to the seriousness of each offense. All circumstances surrounding each incident will be considered including age, frequency of misbehavior, the student's attitude, the effect on the school environment, and district requirements. In accordance with district policy, "a student may be removed from participation in extracurricular activities or may be excluded from school honors for violation of organizational standards of behavior of an extracurricular activity or for violation of the Student Code of Conduct."

Students placed in ISS or AEP can expect discipline that may include loss of playing time, corporal punishment, or suspension from extracurricular activities. Students with repeated offenses may be placed on probation or may be dismissed from athletics altogether.

A student dismissed from athletics will be removed for a period of one year.

Refusal to accept any judgments and fulfill them with a good attitude will lead to immediate dismissal to be determined by the Athletic Director, but not to exceed one year from time of dismissal. Once dismissed, the student must adhere to certain standards set forth by the Athletic Department in order to be accepted again. Failure to abide by these criteria could result in dismissal from athletics with no opportunity to return.

An Athlete may be disciplined or dismissed from a team for, but not limited to, the following actions:

- \* Poor attitude
- \* Leaving school or location of a contest without notifying the coach in charge
- \* Insubordination- disobedience of or to coaches
- \* Failure to participate in a prescribed workout
- \* Disrespect to coaches, teammates or any adult
- \* Certain violations of the Bremond Student Code of Conduct that would result in expulsion
- \* Drug abuse

### *Alcohol*

Since use of alcohol by a minor is illegal, it is addressed here as a separate issue. All sports will use this policy concerning alcohol abuse by an athlete:

1st offense Jog 10 miles on the track during anytime, other than workout time. The mileage can be run over several days, but the mileage must be finished prior to participation in the next contest.

2<sup>nd</sup> offense Jog 20 miles and loss of participation in a minimum of one contest. The mileage can be run over several days, but the mileage must be finished prior to participation in the next contest.

3<sup>rd</sup> offense Expulsion from athletics for a minimum of one year.

*Workout policy*

To build and maintain a successful athletic program, we feel it is necessary for each athlete to attend each practice, team meeting and game. Because of this, we believe any athlete that must miss practice should notify the appropriate coach as soon as they know they will be unable to attend. Word should not be sent through another student. Excused absences will be determined by the coach.

Examples of excused absences are:

- \*Personal illness- with note from a doctor or parent
- \*Doctor's appointment
- \* Death in the immediate family

Any absences excused or unexcused may result in extra work in the sport or possible loss of playing time. Excessive absences may result in expulsion from the team.

*Quitting policy*

Bremond ISD highly discourages quitting and believes the commitment to a team should not be taken lightly. Therefore, the following policy will govern quitting:

All athletes will be given a 2-week window in which to decide if they can make a full commitment to a sport. After this window, if the athlete quits he/she must *sit* out an equal amount of time in the next sport before participating in any contests.

*Participation*

Students who wish to participate in athletics must be enrolled in the athletic period for both the fall and spring semesters. The only exceptions are:

1. The principal determines that scheduling does not allow it.
2. Seniors may get out of the athletic period in the spring semester if the principal determines

that there is adequate space available in other classes to do so.

*Internet Usage*

Be conscientious about what you post on internet sites. Facebook, Instagram, Twitter, etc. are not places you want to display inappropriate conduct or information. As a representative of this program, you should be a model student at all times, and your conduct in all situations should exemplify such. Any violation of internet usage will be subject to discipline procedures in accordance to school/athletic policy, which is listed in the student handbook / will be punished at the discretion of the coaches.

**DO NOT**

- 1.) Talk behind others back-that includes teammates and coaches.
- 2.) Put other players or coaches down in front of anyone.
- 3.) Misrepresent your school or team in any way.
- 4.) No negative comments about teammates, coaches, or program.

*Acknowledgment /Parent*

By signing below you agree that you have read and understand that the purpose of these rules and regulations are to ensure fairness and discipline in our athletic program. You also understand athletes must abide by these rules while participating at Bremond HS and Middle School. You also understand each coach may have additional rules as they pertain to their sport

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Student's Signature \_\_\_\_\_

Date \_\_\_\_\_