

MARCH

2019



It's **GUS** JUSTICE to the rescue!

M **T** **W** **TH** **F**

ART CONTEST CONTINUES

"You ART What You Eat"
Create and enter today!
SquareMeals.org/artcontest

1

GOOD EATS AT

SCHOOL BREAKFAST WEEK
MARCH 4-8
SquareMeals.org/sbw

4 5 6 7 8

SPECIAL ANNOUNCEMENTS

11 12 13 14 15

18 19 20 21 22

25 26 27 28 29



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

GUS JUSTICE

Asparagus

When Gus was just a little shoot, a group of candy criminals ran through the town on their candy wrapper horses and trampled the field he was growing in. He vowed to rise against the candy that robbed the children of their good nutrition and make sure Healthyville flourished again. Not knowing what to do, he went to the University of Healthyville to visit and learn from Professor Green and Dr. Broccoli. They both told Gus he was a good source of folic acid and that helps promote the growth of healthy cells. He could use his powers to help Healthyville cut back on candy! He rallied his fellow spears and away they went using their folic acid to help the town and the children. To this day the Justice Squad uses their spears to keep the candy criminals out of the fields and out of the hands of children in Healthyville.



FUN FACT

Asparagus is good source of vitamin A and C and minerals



GUS JUSTICE'S
**FAVORITE
ACTIVITIES**
Track and field
and Bowling



POW!
ARCH ENEMY
Candy Criminals



JOKE OF THE MONTH

Q: What is it called if a bowler knocks half the pins down on his first roll, then knocks the rest down on his second roll?

A: A spare (Asparagus)

FIND THE SIX DIFFERENCES



Sources: Texas A&M and Agrilife Extension

